

# Provider Update

## Join Us in the Million Hearts Initiative

**Summary:** Did you know, every 39 seconds someone dies from a heart attack or stroke? Join us and the Department of Health and Human Services (HHS) in the Million Hearts initiative to prevent 1 million heart attacks and strokes in the United States by 2017.

★ **What this means to you:** Please share this helpful information with your patients. Together we can educate and empower Amerigroup Community Care members with the necessary information and tools to improve overall heart health and quality of life. You can start by assessing each patient using the ABCS of heart-healthy living.

**The Centers for Medicare & Medicaid Services and HHS developed the following ABCS to help providers discuss heart health with their patients.**

- **A: Appropriate aspirin therapy for those who need it**
  - Identify patients who would be appropriate for aspirin therapy.
- **B: Blood pressure control**
  - Discuss blood pressure control with your patients.
- **C: Cholesterol management**
  - Identify patients who are high-risk and need cholesterol management.
- **S: Smoking cessation**
  - Discuss smoking cessation with all active smokers.

**What if I need assistance?**

If you would like to become a partner in the Million Hearts initiative, please call our Quality Management department at 615-316-2400. For more information or patient education materials, visit [www.millionhearts.hhs.gov](http://www.millionhearts.hhs.gov).

If you have further questions, call your local Provider Relations representative or Provider Services toll free at 1-800-454-3730.



TNPEC-0765-14  
Issued July 2014  
by Provider Relations