

NovaSom®* is the preferred sleep study vendor

Summary of change: Effective August 1, 2016, Amerigroup Community Care has removed the prior authorization requirement for sleep studies when performed in the home. In addition, Amerigroup has removed the prior authorization requirement for all sleep studies for patients under age 19.

To promote service delivery in the most cost-effective setting, sleep studies for adults 19 and older, performed in labs, offices or hospitals will continue to require prior authorization.

What this means to you

You can more easily order sleep studies for your patients by using home sleep studies whenever medically appropriate. Beginning August 1, 2016, you will not need to request prior authorization for a sleep study if your patient is under age 19 or if the study will be performed in the home.

Our preferred vendor for sleep studies is NovaSom. You can find ordering instructions at www.novasom.com, including online ordering. Or, you can fax the attached order form.

If you have your own arrangement to support sleep studies in the home, you may bill this service with CPT code 95806.

You will need to continue to request prior authorization if you would like the study to be performed onsite at any location for adults older than 19.

- To review requests for sleep studies, Amerigroup uses AIM Specialty Health (AIM) guidelines located at www.aimspecialtyhealth.com/clinical-guidelines/agreement-sleep
- The AIM guidelines make use of the Epworth Sleepiness Scale, available at <http://www.sleepapnea.org/assets/files/pdf/ESS%20PDF%201990-97.pdf>

Below is a summary of the review process:

Scenario	Next step
If your patient meets the indication for a home sleep study, but no other criteria ...	Amerigroup will approve the sleep study to be performed in the home.
If your patient meets indications for home sleep study and has one of the contraindications listed in table 1, page 7 of the guidelines ...	Amerigroup will approve the sleep study at a freestanding sleep study center.
If you believe your patient requires a sleep study in the hospital ...	You will be referred to speak with our Medical Director to determine the best course of action for this patient.

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What if I need assistance?

If you have questions about this communication, received this fax in error or need assistance with any other item, contact your local Provider Relations representative or call Provider Services at the toll-free phone numbers listed below:

- Medicaid providers call 1-800-454-3730
- Medicare providers call 1-866-805-4589