

Prior authorization notice: use of stimulant medications for members ages 18 and older

Summary: The Mental Health Medication Advisory Committee and the Kansas Drug Utilization Review Board reviewed and approved prior authorization (PA) criteria for the use of stimulant medications in members ages 18 and older. Effective October 3, 2016, the stimulant medications listed below will require PA for members ages 18 and older. To facilitate continuity of care, members currently established on stimulant medications prior to October 3, 2016, will not be subject to this PA requirement for one year. The PA criteria for stimulants for members ages 18 and older may be found on the Kansas Department of Health and Environment website at www.kdheks.gov/hcf/pharmacy/pa_criteria.htm.

Stimulants requiring PA for members ages 18 and older:

- Amphetamine (Adzenys XR[®] and Dyanavel XR[®])
- Amphetamine/dextroamphetamine (Adderall[®] and Adderall XR[®])
- Dexmethylphenidate HCl (Focalin[®] and Focalin XR[®])
- Dextroamphetamine sulfate (Dexedrine[®], DextroStat[®], ProCentra[®] and Zenzedi[®])
- Lisdexamphetamine dimesylate (Vyvanse[®])
- Methamphetamine HCl (Desoxyn[®])
- Methylphenidate HCl (Aptensio XR[®], Concerta[®], Metadate CD[®], Metadate ER[®], Methylin[®], Quillichew ER[®], Quillivant XR[®], Ritalin[®] and Ritalin LA[®])
- Methylphenidate transdermal (Daytrana[®])

PA criteria for stimulant medications prescribed to adults ages 18 and older:

One of the following criteria must be met:

- Within the previous 365 days, the patient must have a documented diagnosis of adult ADHD, binge eating disorder, hypersomnolence, narcolepsy, cancer-related fatigue or depression (in accordance with the fifth edition of the “Diagnostic and Statistical Manual of Mental Disorders”).*
- The prescription must be written by a psychiatrist.

Length of approval: 12 months

* Members with a documented substance abuse disorder diagnosis require a peer-to-peer consult with a health plan psychiatrist, medical director or pharmacy director for approval.

What action do I need to take?

You will need to obtain PA for members ages 18 and older starting a stimulant medication on or after October 3, 2016. To facilitate continuity of care, members currently established on a stimulant medication prior to October 3, 2016, will not be subject to this PA requirement for one year.

What if I need assistance?

To obtain a PA, please call our Pharmacy PA department at 1-855-201-7170 and follow the voice prompts for pharmacy prior authorization. If you need assistance with any other item, contact your local Provider Relations representative or call Provider Services at 1-800-454-3730.

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