

# Provider Update

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## Management of radiation oncology, sleep medicine and cardiology services

**Background:** Effective October 1, 2017, the clinical appropriateness review of radiation oncology, sleep medicine and cardiology services for Amerigroup Iowa, Inc. members will be managed by AIM Specialty Health (AIM). AIM works with leading insurers to improve health care quality and manages costs for today's most complex and prevalent tests and treatments. This helps promote appropriate, safe and affordable care.

Providers should contact AIM to request the review of cardiology, radiation oncology and sleep medicine services.

### Cardiology services

Providers should contact AIM to obtain an order number for the following cardiology services:

- CT scans (including cardiac)
- Magnetic resonance (including cardiac)
- Positron emission tomography scans (including cardiac)
- Nuclear cardiology
- Stress echocardiography
- Resting transthoracic echocardiography
- Transesophageal echocardiography
- Arterial ultrasound
- Cardiac catheterization
- Percutaneous coronary intervention (PCI)

We understand the need for arterial duplex imaging or PCI procedures may not be identified until patients have undergone a physiologic study or cardiac catheterization. For these cases, please contact AIM to request a clinical appropriateness review no later than 10 business days after you perform these procedures (and before you submit a claim). For all other cases, please contact AIM to obtain authorization before you perform the procedure.

Specialty-specific websites are available to help you learn more and access valuable information/tools including:

- Order entry checklists.
- A step-by-step tutorial.
- Clinical guidelines.
- FAQ.

Find order entry checklists, a step-by-step tutorial, clinical guidelines and FAQ at <http://www.aimprovider.com/cardiology>.

The information in this update may be an update or change to your provider manual. Find the most current manual at:

<https://providers.amerigroup.com/ia>



## **Radiation oncology services**

Providers should contact AIM to obtain pre-service review for the following nonemergent, outpatient radiation oncology modalities:

- Brachytherapy
- Intensity modulated radiation therapy (IMRT)
- Proton beam radiation therapy
- Stereotactic radiosurgery/stereotactic body radiotherapy
- 3-D conformal therapy\* (EBRT) for bone metastases and breast cancer
- Hypofractionation for bone metastases and breast cancer when requesting EBRT and IMRT
- Special procedures and consultations associated with a treatment plan (CPT codes 77370 and 77470)
- Image-guided radiation therapy

Radiation oncology performed as part of an inpatient admission is not part of the AIM program.

Radiation oncology providers are strongly encouraged to verify an order number has been obtained before scheduling and performing services. Review requests may also be initiated within 72 hours of the first treatment start date (but before a claim is filed).

\* For EBRT, pre-service review is required only for procedures involving bone metastases and breast cancer. Additionally, Amerigroup requests ordering providers contact AIM to review all other 3-D conformal therapy requests on a voluntary basis. Clinical review will be performed to confirm appropriateness and to ensure the ordering physician is aware of alternative treatments (where applicable). Once clinical review is completed, an order number will be issued. Claims will not be denied as a result of this voluntary process.

## **Learn more about submitting a radiation oncology request**

Find order entry checklists, a step-by-step tutorial, clinical guidelines and FAQ at <http://www.aimprovider.com/radoncology>.

## **Sleep medicine services**

Providers should contact AIM to obtain an order number before scheduling or performing any elective outpatient, home-based (unattended) diagnostic study or a facility-based diagnostic or titration study (freestanding or hospital) as well as for sleep treatment equipment and related supplies. The following services are included in the program:

- Home sleep tests
- In-lab sleep studies (polysomnography, multiple sleep latency test, multiple wake test)
- Titration studies
- Initial treatment orders — automatic positive airway pressure (APAP), continuous positive airway pressure (CPAP) or bilevel positive airway pressure (BPAP)
- Ongoing treatment orders — (APAP, CPAP, BPAP)

- Oral appliances (only for AIM guideline adoption, non-Amerigroup)

Services performed in conjunction with ER services, inpatient hospitalization or urgent care facilities are excluded from the AIM program. Both ordering physicians (those referring the member for sleep testing) and servicing providers (those freestanding or hospital labs performing sleep testing) may submit requests. This program pertains to both new and existing sleep therapy patients.

### **New clinical guidelines**

Effective October 1, 2017, the Amerigroup sleep management program will follow the AIM *Sleep Disorder Management Diagnostic & Treatment Guidelines*. AIM's clinical guidelines for sleep medicine are developed and revised through a rigorous review process. This process utilizes a comprehensive assessment of existing guidelines, evidence-based standards and literature, and feedback from the AIM External Physician Specialty Advisory Panel. This panel includes board-certified physicians from both community and academic practices. The clinical guidelines for sleep can be accessed on the AIM website at Resources <http://www.aimspecialtyhealth.com>.

### **Learn more about submitting a sleep medicine request**

Find order entry checklists, a step-by-step tutorial, clinical guidelines and FAQ at <http://www.aimspecialtyhealth.com/gowebssleep>.

AIM **ProviderPortal**<sup>®</sup> is the fastest, easiest way to contact AIM. AIM **ProviderPortal** is an online application offering a convenient way to enter your order requests or check on the status of your previous orders.

Go to <https://www.providerportal.com> to begin. Registration is required.

For questions regarding your online order, please contact the AIM **ProviderPortal** Support Team at 1-800-252-2021.

### **What if I need assistance?**

Thank you for your participation. We appreciate your continued service to our members, your patients. If you have questions about this communication, received this fax in error or need assistance with any other item, contact your local Provider Relations representative or call Provider Services at 1-800-454-3730.