

## HEDIS reminder — antidepressants

**Background:** This HEDIS® measure looks at members ages 18 years and older with a diagnosis of major depression who were newly treated with antidepressant medication and remained on their antidepressant medication for treatment.

### The HEDIS Antidepressant Medication Management measure

Educate patients, spouses, caregivers and/or guardians about the importance of maintaining medication compliance for a minimum of 3-6 months.

The HEDIS Antidepressant Medication Management measure has two phases — Effective Acute Phase Treatment and Effective Continuation Phase Treatment:

- **Effective Acute Phase Treatment:** patients diagnosed with major depression who remained on antidepressant medication for at least 84 days (12 weeks)
- **Effective Continuation Phase Treatment:** patients diagnosed with major depression who remained on antidepressant medication for at least 180 days (six months)

To help Amerigroup Community Care meet this HEDIS measure, please coach your patients to:

- Not abruptly stop medication without consulting you.
- Contact you immediately if they experience any unwanted/adverse reactions.
- Schedule and attend follow-up appointments to review the effectiveness of their medications.
- Call your office if they cannot get their medications refilled.
- Consider the benefits of participating in a behavioral health case management program.
- Provide you with access to their behavioral health records if you are their primary care provider.

### How can we help?

- Providing individualized reports of your patients who are due or overdue for services
- Offering nonemergency transportation for our members to appointments
- Offering our behavioral health case management program to members

### Other resources

- <https://www.qualitymeasures.ahrq.gov>
- <https://www.ncbi.nlm.nih.gov>
- Georgia Medicaid formulary – <https://client.formularynavigator.com/Search.aspx?siteCode=7596004980>

### What if I need assistance?

If you have questions about this communication, received this fax in error or need assistance with any other item, contact your local Provider Relations representative or call Provider Services toll free at 1-800-454-3730.

The information in this update may be an update or change to your provider manual. Find the most current manual at:

<https://providers.amerigroup.com>