

## Women's health

We're committed to collaborating with our providers to offer the most effective women's health care with routine health through obstetrical care. We recognize providing the best care results in healthier newborns. Here is a summary of the resources available through Amerigroup and some state agencies, including how to access these services. If you have questions, please call your Provider Relations representative or visit the provider website at <https://providers.amerigroup.com/WA>.



### Preventive care

Precertification is not required for preventive care. Female members may directly access women's health specialists within the Amerigroup network for covered routine and preventive health care services.

Amerigroup covers one well-woman exam per member per year when performed by a PCP or network women's health care provider. Exams include the following:

- Examinations
- Routine lab work
- Sexually transmitted infection (STI) screenings
- Mammograms for members 35 years of age or older

### Cervical cancer screening

Routine screening for women of average risk and ages 21-65 will be reimbursed no more frequently than once every three years; unless medically indicated, routine screening is not paid for women less than 21 years old. Reimbursement for routine Pap testing for women 66 and older with prior negative screening results will be denied. Screenings will also be paid according to frequency prescribed by provider for women of all ages with a history of prior abnormal results, precancerous cervical lesions, cervical cancer or those who are immunocompromised (for example, organ transplant recipients or seropositive for the human immunodeficiency virus [HIV]).

### Family planning

Encourage members to obtain family planning services from network providers to ensure continuity of services; however, members may self-refer to any network or out-of-network provider.

### Sterilization services

Precertification is not required for the following:

- Sterilizations
- Tubal ligations
- Vasectomies

However, per state regulations, Amerigroup requires that providers submit with claims a completed state-approved sterilization consent form signed by the member 30 days in advance of procedure. Amerigroup does not cover reversals of sterilizations.

### Emergency contraception

Amerigroup does not require a prescription nor prior authorization for over-the-counter FDA-approved emergency contraception.

### Obstetrical-related services

#### Taking Care of Baby and Me® program

This is our proactive case management program for pregnant women and their newborns. We identify pregnant women as early in their pregnancies as possible through review of state enrollment files, authorizations, claims data, lab reports, hospital census reports and provider and self-referrals. Once pregnant members are identified, we act quickly to assess obstetrical risk and ensure appropriate levels of care and case management services to mitigate risk. Amerigroup also has a reward program for pregnant women to encourage them to attend their recommended visits for all obstetrical care. All identified pregnant women will receive a prenatal educational packet before delivery and a postpartum educational packet after delivery.



#### My Advocate™ program

This service is offered to our members through our comprehensive case management program, Taking Care of Baby and Me®. Members have the option to participate in the program through automated phone calls, text messages or by downloading the My Advocate smartphone application. Our goal is to empower members to become active partners in their own care. Eligible pregnant/postpartum members receive twice-weekly messages with tailored content in English or Spanish from a voice personality named Mary Beth. The topics include the following:

- Obstetrical high-risk screening
- Maternal and child health support
  - Prenatal care
  - Postpartum care
  - Well-baby care

## Healthy Rewards program

It's simple. Every time your patient completes one of these qualifying perinatal activities, they will get dollars added to their reloadable Healthy Rewards debit card. The debit card can be used at Rite Aid or Walmart.

- Prenatal first trimester or within 42 days of enrollment = \$10
- Prenatal visits (at least six prenatal care visits) = \$40
- Postpartum = \$25

## You and Your Baby in the NICU program

This program encourages parental involvement while the child is in a neonatal intensive-care unit (NICU) setting for greater than two weeks. We provide support by phone and a pamphlet for reference for parents of infants who are:

- ≤ 34 weeks
- < 2000 grams birth weight
- Requiring ventilator care
- Requiring major surgery
- Diagnosed with major congenital anomalies

## Preventing preterm labor

**17P:** In February 2016, the manufacturer of Makena™ (the commercially available version of 17P) obtained the Food and Drug Administration's (FDA) approval for a preservative-free version of Makena™. Effective April 4, 2016, with this recent FDA approval, Optum (Alere) will no longer provide compound 17P for home administration. Optum (Alere) will provide home administration of Makena™ when a medical criterion is met. For office or home administration of Makena, contact our National Call Center.

**Shortened cervical length:** Shortened cervical length before 24 weeks is now recognized to be a second strongly predictive risk factor for preterm births in singleton pregnancies. We encourage providers to obtain a cervical length (CL) measurement with your patient's 18-24 week ultrasound. If, in addition to an abdominal scan, a vaginal approach is necessary to obtain this measurement, please add modifier 52 to the vaginal ultrasound billing code. Diagnosis codes such as Z36, O09.211-.213 and O09.219 are the most appropriate.

## Termination of pregnancy

Voluntary termination of pregnancy that meets criteria for coverage is paid for by the Health Care Authority (HCA) fee-for-service program.



## Special support services just for our members

### Breast pumps

Medela or Ameda electric breast pumps are available to the member after delivery of her newborn. Providers, Women, Infants, and Children nutrition (WIC) or Maternity Support Services may submit the request form between one month prior to birth and up to six months after birth, as long as the mom is enrolled with Amerigroup. Limited to one electric pump (code E0603) per mom's lifetime. Manual pumps are available for each pregnancy.

### Newborn circumcision

Amerigroup pays for this value-added benefit with no precertification requirement. The specific covered CPT codes are 54150, 54160 and 54161.

## Billing tips

### Total obstetrical care

We follow the HCA's billing guidelines for claims reimbursement. Precertification is not required for obstetrical services and diagnostic testing (see ultrasound notes). We request notification but will not deny claims payment based solely on lack of notification for obstetrical care. We encourage providers to bill Category II CPT codes. These allow Amerigroup to capture encounters for the first prenatal care visit (0500F), ongoing prenatal care (0501F, 0502F) and the postpartum visit (0504F). Please use the Amerigroup Maternity Notification form, which can be found at <https://providers.amerigroup.com> under Maternal Child Program.

### Ultrasounds

Amerigroup covers two routine prenatal ultrasounds for dating and fetal anatomic survey per pregnancy (76801, 76805). Additional ultrasounds for CPT codes 76811, 76812, 76815, 76816 and 76817 for suspected maternal/fetal abnormality or follow-up require an appropriate diagnosis indicating medical necessity. Without appropriate diagnosis codes supportive of medical necessity, ultrasounds for procedural codes 76811, 76812, 76815, 76816 and 76817 will not be reimbursed. Prior authorization is not required for prenatal ultrasounds. Please see our Prenatal Ultrasound Reimbursement reference document for codes, which can be found at <https://providers.amerigroup.com> under Maternal Child Program.

### Preterm elective deliveries

Amerigroup does not pay for elective deliveries at 39 or fewer weeks' gestation that do not meet medical necessity, per its contract with the HCA. Our shared mission gives babies the strongest start possible in life. For free member educational materials, please contact your Provider Relations representative.

## Billing for newborns

Newborns are under their mom's identification number for their first 21 days of life; Amerigroup adds the letters NB after the mom's identification number as a temporary identification. If the mom calls our National Call Center, we automatically create a permanent identification for the newborn. We will then combine the two records, which generally ensures all claims are paid.

## State services

### The Washington Department of Health

The Washington Department of Health (DOH) provides information and links to information about avoiding pregnancy, planning for pregnancy, managing pregnancy and postpregnancy.



### First Steps program

This program helps women who are low-income and pregnant get additional health and social services they may need and covers a variety of services for pregnant women and their infants. Services are available as soon as a woman knows that she is pregnant and is covered by Apple Health. First Steps services include medical and family planning services, infant case management, childbirth education, drug and alcohol and other services.

### Maternity support services (part of First Steps)

Some of the services provided are pregnancy and parenting information, screening for possible pregnancy risk factors, brief solution-based counseling for identified risk factors and referral to community resources. We encourage providers to refer all pregnant women to this free service.

### Nurse family partnership

First-time moms may be eligible for no-cost, hands-on local support in managing their pregnancy and continuing support until the baby turns 2 years old.

## Resource finder

At this site, families can find a very broad range of no-cost and low-cost resources from family planning to raising families on a limited income. Resources are plentiful, including child care, baby supplies, crisis phone lines, food and meal programs, child care resources, parenting education, legal assistance, resources for children with special health care needs and much more.

### Women, Infants, and Children nutrition

Eligible women can find resources here for nutritional education, financial assistance for food (including infant formula and baby foods), health screenings, referrals and breastfeeding support.

## Contacts

### State contacts

#### Washington Department of Health:

[oh.wa.gov/YouandYourFamily/WomensHealth/Pregnancy](http://oh.wa.gov/YouandYourFamily/WomensHealth/Pregnancy)

#### First Steps program:

1-800-322-2588 (Within Reach enrollment assistance)  
[hca.wa.gov/medicaid/firststeps/Pages/index.aspx](http://hca.wa.gov/medicaid/firststeps/Pages/index.aspx)

#### Nurse practitioner partnership:

[nursefamilypartnership.org/locations/Washington/find-a-local-agency](http://nursefamilypartnership.org/locations/Washington/find-a-local-agency)

#### Quit for Life smoking cessation:

1-866-QUIT-4-LIFE (1-866-784-8454)  
<https://quitnow.net>

#### Resource finder:

1-800-322-2588 (Family Health Helpline)  
<https://resources.parenthelp123.org>

#### WIC:

[www.fns.usda.gov/wic/women-infants-and-children-wic](http://www.fns.usda.gov/wic/women-infants-and-children-wic)

### Amerigroup contacts

#### National Call Center for provider services, prior authorizations, claims and general questions:

1-800-454-3730

**Maternity case management:** 1-855-323-4688, ext. 33118

**Nurse advice line for members (24 hours a day, 7 days a week):** 1-866-864-2544



## Written materials available to providers for members

Call our National Call Center and request any of these Ameritips/brochures for members (available in English and Spanish).

- Ameritips
  - Breastfeeding Facts and Myths
  - Growth and Development (0-1 year)
  - How to Breastfeed
  - HIV/AIDS in Pregnancy
  - Nausea and vomiting during pregnancy
  - Pap Test
  - Postpartum Care
  - Postpartum Depression
  - Pregnancy Induced Hypertension
  - Pregnancy 2nd Trimester
  - Pregnancy 3rd Trimester
  - Pregnancy and Diabetes
  - Pregnancy: Alcohol, tobacco and drug use (ATD)
  - Prenatal Care For You and Your Baby
  - Prenatal Care and Your Doctor
- Preterm Labor
- Respiratory Syncytial Virus
- Tobacco Use Breaking the Habit
- Tobacco Use Reasons to Quit
- Additional Ameritips
- Brochures
  - Birth Control Methods (Birth control that's right for you)
  - Preconception Health (Are you ready for pregnancy?)
  - Reproductive Life Plan (Making a family life plan: Are kids in your future?)
  - You and Your Baby in the NICU

