

Clinical Practice Guidelines

Condition disease	Guideline title	Recognized source	URL
ADHD	<i>Clinical Practice Guideline for the Diagnosis, Evaluation and Treatment of Attention Deficit/Hyperactivity Disorder in Children and Adolescents, 2011</i>	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/128/5/1007.full.pdf
Routine antepartum care	<i>American Academy of Pediatrics, Guidelines for Perinatal Care, Seventh Edition, 2012</i>	AAP American Congress of Obstetrics and Gynecology (ACOG)	http://ebooks.aappublications.org/content/guidelines-for-perinatal-care-7th-edition
Asthma	<i>EP report 3: Guidelines for the Diagnosis and Management of Asthma, July 2007</i>	National Heart, Lung and Blood Institute	http://www.nhlbi.nih.gov/health-pro/guidelines/current/asthma-guidelines/full-report.htm
Autism	<i>Practice Parameter for the Assessment and Treatment of Children and Adolescents With Autism Spectrum Disorder, 2014; 53(2):237–257</i>	American Academy of Child and Adolescent Psychiatry	http://www.aacap.com/article/S0890-8567(13)00819-8/abstract
Behavioral health screening, assessment and treatment	<i>Treatment of Anxiety Disorders</i>	National Institute of Mental Health	http://www.nimh.nih.gov/health/publications/anxiety-disorders/treatment-of-anxiety-disorders.shtml
	<i>Medication-Assisted Treatment (MAT), 2016</i>	Substance Abuse Mental Health Services Administration (SAMHSA)	https://www.samhsa.gov/medication-assisted-treatment
	<i>Alcohol Misuse: Screening and Behavioral Counseling Interventions in Primary Care 2013</i>	U.S. Preventive Services Task Force (USPSTF)	http://www.uspreventiveservicestaskforce.org/uspstf/uspstfdrin.htm
	<i>Practice Guidelines For the Psychiatric Evaluation Of Adults, Third Edition, 2015</i>	Agency for Healthcare Research and Quality	http://www.guideline.gov/content.aspx?id=49527
	<i>Screening for Depression</i>		https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/depression-in-adults-screening1 https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/depression-in-children-and-adolescents-screening1
Bipolar disorder in adults	<i>Practice Guideline for Treatment of Patients With Bipolar Disorder in Adults, as amended by the</i>	American Psychiatric Association (APA)	http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/bipolar-watch.pdf

Updated: November 21, 2017
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (Government Business Division)
 Behavioral Health National Clinical Advisory Committee
Clinical Practice Guidelines are applicable to all lines of business

	<i>following Guideline Watch from the American Psychiatric Association, November 2005</i>		
Bipolar disorder in children and adolescents	<i>Practice Parameter for the Assessment and Treatment of Children and Adolescents With Bipolar Disorder, January 2007</i>	American Academy of Child and Adolescent Psychiatry (AACAP)	http://www.aacap.org/App_Themes/AACAP/docs/practice_parameters/JAACAP_Bipolar_2007.pdf
Coronary artery disease (CAD)	<i>AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease, 2011 Update</i>	A Guideline From the American Heart Association and American College of Cardiology Foundation (AHA/ACCF)	http://circ.ahajournals.org/content/124/22/2458
CAD	<i>Treatment of Hypertension in the Prevention and Management of Ischemic Heart Disease</i>	A scientific statement from the American Heart Association Council for High Blood Pressure Research and the Councils on Clinical Cardiology and Epidemiology and Prevention	http://circ.ahajournals.org/content/115/21/2761.full
CAD for women	<i>Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women, 2011 Update</i>	AHA	http://circ.ahajournals.org/content/123/11/1243.full
	<i>AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease, 2011 Update</i>	AHA/ACCF	http://circ.ahajournals.org/content/124/22/2458
Celiac disease in adults and children	<i>ACG Clinical Guidelines: Diagnosis and Management of Celiac Disease, 2013</i>	American College of Gastroenterology	http://gi.org/guideline/diagnosis-and-management-of-celiac-disease
	<i>Guideline for the Diagnosis and Treatment of Celiac Disease in Children: Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition, 2004</i>	North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition	http://www.naspghan.org/files/documents/pdfs/position-papers/ceeliac_guideline_2004_jpgn.pdf
Chronic kidney disease (CKD)	<i>The National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)™: evidence-based clinical practice guidelines for all stages of CKD and related complications</i>	National Kidney Foundation, Inc. Centers for Disease Control and Prevention (CDC)	https://www.kidney.org/professionals/guidelines/guidelines_commentaries
	<i>National Chronic Kidney Disease Fact Sheet, 2014 KDIGO 2012 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease, January 2013</i>		http://www.cdc.gov/diabetes/pubs/pdf/kidney_factsheet.pdf http://www.kdigo.org/clinical_practice_guidelines/pdf/CKD/KDIGO_2012_CKD_GL.pdf
Chlamydia/human papillomavirus (HPV)	<i>STD Treatment Guidelines, 2015 update</i>	CDC	http://www.cdc.gov/std/treatment/default.htm http://www.cdc.gov/mmwr/preview/mmwrhtml/rr6403a1.htm
Chronic obstructive pulmonary disease (COPD)	<i>Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease, 2016 update</i>	Global Initiative for Chronic Obstructive Lung Disease	http://goldcopd.org/gold-reports

Diabetes	<i>Standards of Medical Care in Diabetes, 2017</i> <i>Standards of Medical Care in Diabetes: Summary of Revisions. Diabetes Care, 2017 Jan; 40(Supplement 1): S4-S5. https://doi.org/10.2337/dc17-S003</i>	American Diabetes Association (ADA)	http://care.diabetesjournals.org/content/40/Supplement_1
Major depression	<i>Treatment of Patients With Major Depressive Disorder, amended by the following Guideline Watch, October 2010</i> <i>Depression — The NICE Guideline on the Treatment and Management of Depression in Adults, 2010</i>	American Psychiatric Association National Collaborating Centre for Mental Health commissioned by the National Institute for Health & Clinical Excellence	Depression links: (APA) http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0016605/pdf/TOC.pdf
	<i>Practice Parameter for the Assessment and Treatment of Children and Adolescents With Depressive Disorders, June 2007</i>	AACAP This content is available to AACAP members only.	http://www.aacap.org/aacap/AccessDeniedSignIn.aspx?errorpath=%2fgalleries%2fPracticeParameters%2fVol+46+Nov+2007.pdf&WebsiteKey=a2785385-0ccf-4047-b76a-64b4094ae07f&=404%3bhttp%3a%2f%2fwww.aacap.org%3a80%2fgalleries%2fPracticeParameters%2fVol+46+Nov+2007.pdf&returnurl (AACAP) Need log-in/member access http://www.aacap.org/App_Themes/AACAP/docs/practice_parameters/depressive_disorders_practice_parameter.pdf
Depression in pregnancy	<i>Women's Health Care Physicians, 2015</i>	ACOG	http://www.acog.org/Womens-Health/Depression-and-Postpartum-Depression http://www.acog.org/Resources-And-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Screening-for-Perinatal-Depression https://www.acog.org/Patients/FAQs/Cervical-Cancer
Family planning	<i>Women's Health Care Physicians: Cervical Cancer FAQs, April 2015</i>	ACOG	https://www.acog.org/Patients/FAQs/Cervical-Cancer
	<i>Women's Preventive Services Guidelines, 2016</i> <i>Screening For Cervical Cancer, Release date: March 2012</i>	Health Resources and Services Administration USPSTF	https://www.hrsa.gov/womensguidelines2016/index.html http://www.uspreventiveservicestaskforce.org/uspstf/uspstfcerv.htm
Gender-dysphoria/incongruence	<i>Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society* Clinical Practice Guideline 2017</i>	The Endocrine Society	https://academic.oup.com/jcem/article-lookup/doi/10.1210/jc.2017-01658
Hepatitis B	<i>AASLD Guidelines for Treatment of Chronic Hepatitis B, 2015</i>	American Association for the Study of Liver Diseases	http://www.aasld.org/sites/default/files/guideline_documents/hep28156.pdf
Hepatitis C	<i>Recommendations for Testing, Managing and Treating Hepatitis C.</i>	Infectious Diseases Society of America American Association For the Study of Liver Disease	http://www.hcvguidelines.org http://apps.who.int/iris/bitstream/10665/111747/1/9789241548755_eng.pdf?ua=1&ua=1
	<i>Guidelines for the Screening, Care and Treatment of persons with Hepatitis C Infection,</i>	World Health Organization (WHO)	

	<i>April 2014</i>		
Heart failure (HF)	<i>ACCF/AHA Guideline for the Management of Heart Failure, 2013</i>	A Report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines	http://circ.ahajournals.org/content/128/16/e240
HIV/AIDS	<i>Primary Care Guidelines for the Management of Persons Infected With HIV: 2013 Update by the HIV Medicine Association of the Infectious Diseases Society of America, 2013</i> <i>Recommendations for HIV Prevention with Adults and Adolescents with HIV in the United States, December 11, 2014</i> <i>HIV and adolescents: Guidance for HIV testing and counselling and care for adolescents living with HIV Guidance document, November 2013</i>	HIV Medicine Association of the Infectious Diseases Society of America CDC WHO	http://cid.oxfordjournals.org/content/58/1/e1 http://www.cdc.gov/hiv/guidelines/index.html http://apps.who.int/iris/bitstream/10665/94334/1/9789241506168_eng.pdf?ua=1
Hypertension in children and adolescents	<i>The Fourth Report on the Diagnosis, Evaluation, and Treatment of High Blood Pressure in Children and Adolescents</i>	U.S. Department of Health and Human Services National Institutes of Health National Heart, Lung, and Blood Institute	http://www.nhlbi.nih.gov/files/docs/resources/heart/hbp_ped.pdf
Hyperlipidemia	<i>ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults, 2013</i>	ACCF/AHA	http://circ.ahajournals.org/content/129/25_suppl_2/S1
Hypertension	<i>The Eighth Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC8), 2014</i>	Report From the Panel Members Appointed to the Eighth Joint National Committee (JNC 8) — Journal of the American Medical Association	http://jama.amanetwork.com/article.aspx?articleid=1791497
Obesity in adults	<i>Screening for and Management of Obesity in Adults, June 2012</i>	USPSTF Recommendation Statement	http://www.uspreventiveservicestaskforce.org/uspstf11/obeseadult/obesers.htm
	<i>AHA/ACC/TOS Guideline for the Management of Overweight and Obesity in Adults, 2013</i>	Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines and The Obesity Society	http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437739.71477.ee
Obesity in children	<i>Expert Committee Recommendations Regarding the Prevention, Assessment, and Treatment of Child and Adolescent Overweight and Obesity: Summary Report, 2007</i>	AAP	http://pediatrics.aappublications.org/content/120/Supplement_4/S164.full.pdf
	<i>Clinical Report: The Role of the Pediatrician in Primary Prevention of Obesity, 2015</i>		http://pediatrics.aappublications.org/content/early/2015/06/23/peds.2015-1558

High-risk obstetrical care	<i>Trends in the Prevalence of Preexisting Diabetes and Gestational Diabetes Mellitus Among a Racially/Ethnically Diverse Population of Pregnant Women, 1999–2005 Diabetes Care 31:899–904, 2008</i>	ADA USPSTF	http://care.diabetesjournals.org/content/31/5/899.full.pdf+html?sid=1c109ed8-5a01-4e5c-b623-f21bb241f49f http://care.diabetesjournals.org/content/40/Supplement_1/S114 http://www.uspreventiveservicestaskforce.org/BrowseRec/Search?s=gestational+diabetes
	<i>Management of Diabetes in Pregnancy, 2017</i>		
	<i>Gestational Diabetes Mellitus, Screening, Release date: January 2014</i>		
	<i>Diabetes Care, January 2011; 34 s15, Supplement 1</i>	ADA	http://care.diabetesjournals.org/content/34/Supplement_1
	<i>Gestational Diabetes, 2013</i>	ACOG	http://www.acog.org/Search?Keyword=gestational+diabetes
	<i>Postpartum Screening for Abnormal Glucose Tolerance in Women Who Had Gestational Diabetes Mellitus, August 2013</i>	ACOG	http://www.acog.org/Search?Keyword=Postpartum+Screening+for+Abnormal+Glucose+Tolerance+in+Women+Who+Had+Gestational+Diabetes+Mellitus&Topics=43d4646b-dc34-4c12-abeb-bb516387312f Members only
	<i>Guidelines for Prenatal Care, March 2013</i>	ACOG	http://www.acog.org/Search?Keyword=Antenatal+corticosteroid+therapy+for+fetal+maturatation Members only
	<i>WHO recommendations for Prevention and treatment of pre-eclampsia and eclampsia, 2011</i>	WHO	http://whqlibdoc.who.int/publications/2011/9789241548335_eng.pdf
	<i>Magnesium Sulfate Before Anticipated Preterm Birth for Neuroprotection, Number 455, March 2010 (Reaffirmed 2015)</i>	ACOG Society for Maternal Fetal Health	http://www.acog.org/Search?Keyword=Magnesium+Sulfate+Before+Anticipated+Preterm+Birth+for+Neuroprotection+Number+455%2c+March+2010
<i>Practice Bulletin Gestational Diabetes Mellitus, July 2017</i>	ACOG	https://www.acog.org/Resources-And-Publications/Practice-Bulletins/Committee-on-Practice-Bulletins-Obstetrics/Gestational-Diabetes-Mellitus Members only	
<i>Management of preterm labor, Number 171, October 2016</i>	ACOG	http://www.acog.org/Search?Keyword=management+of+preterm+labor Members only	
<i>Hypertension in Pregnancy, 2013</i>	ACOG	http://www.acog.org/Resources-And-Publications/Task-Force-and-Work-Group-Reports/Hypertension-in-Pregnancy	
Opioid treatment	<i>CDC Guideline for Prescribing Opioids for Chronic Pain — United States, 2016</i>	CDC	http://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm
	<i>Medication-Assisted Treatment of Adolescents With Opioid Use Disorders August 2016</i>	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/early/2016/08/18/peds.2016-1893

Schizophrenia	<i>Treatment of Patients With Schizophrenia, Second Edition, 2010</i>	APA	http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/schizophrenia.pdf
Substance abuse	<i>Committee Opinion No. 633: Alcohol Abuse and Other Substance Use Disorders: Ethical Issues in Obstetric and Gynecologic Practice, July 2015</i>	ACOG	http://journals.lww.com/greenjournal/Fulltext/2015/06000/Committee_Opinion_No_633_Alcohol_Abuse_and.56.aspx
	<i>Guidelines for the Identification and Management of Substance Use and Substance Use Disorders in Pregnancy World Health Organization, 2014</i>	WHO	http://apps.who.int/iris/bitstream/10665/107130/1/9789241548731_eng.pdf?ua=1
Sickle cell anemia	<i>Evidence-Based Management of Sickle Cell Disease: Expert Panel Report, 2014</i>	National Heart, Lung, Blood Institute	http://www.nhlbi.nih.gov/health-pro/guidelines/sickle-cell-disease-guidelines
Smoking cessation during pregnancy	<i>Smoking Cessation During Pregnancy, ACOG Committee Opinion 731, October 2017</i>	ACOG	https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Smoking-Cessation-During-Pregnancy The guide, pocket reminder card and slide lecture can be ordered by writing to: smoking@acog.org.
	<i>Need Help Putting Out That Cigarette?</i>	ACOG	http://www.tobacco-cessation.org/PDFs/NeedHelpBooklet.pdf
	<i>Smoking Cessation for Pregnancy and Beyond: Learn Proven Strategies to Help Your Patients Quit, 2011</i>	Dartmouth Medical School	http://www.iml.dartmouth.edu/education/cme/Smoking/Linkpage/index.html
	<i>Relearn Life Without Cigarettes</i>	National Alliance for Tobacco Cessation	https://www.becomeanex.org/docs/fotonovela_english.pdf
	<i>Treating tobacco use and dependence, 2008 update</i>	U.S. Department of Health and Human Services, Public Health Service	http://www.ncbi.nlm.nih.gov/books/NBK63956/
	<i>All states offer free smoking cessation telephone quit line services. Dialing 1-800-QUIT-NOW will connect the caller to their state quit line.</i>		
Trauma care	<i>A Treatment Improvement Protocol: Trauma-Informed Care in Behavioral Health Services, 2014</i>	SAMHSA APA	http://store.samhsa.gov/shin/content//SMA14-4816/SMA14-4816.pdf
	<i>Trauma-Informed Care in Behavioral Health Services: Treatment Improvement Protocol (TIP) Series</i>		http://store.samhsa.gov/shin/content//SMA14-4816/SMA14-4816_LitReview.pdf
	<i>The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults</i>		http://psychiatryonline.org/guidelines