



Kansas Medicaid UM Guideline

Subject: Short Term Respite Care – Serious Emotional Disturbance Waiver
Current Effective Date: 01/26/2017
Status: Approved **Last Review Date:** 2/23/18

Description

Short Term Respite Care provides temporary direct care and supervision for the participant. The primary purpose is to provide relief to families/caregivers of a participant with a serious emotional disturbance.

Components:

- The service is designed to help meet the needs of the primary caregiver as well as the identified participant.
- Normal activities of daily living are considered content of the service when providing respite care, and these include
 - Support in the home, after school, or at night;
 - Transportation to and from school, medical appointments, or other community-based activities
 - Or any combination of the above.
- Short Term Respite Care can be provided in the participant's home or place of residence or provided in other community settings.
- Other community settings include:
 - Licensed Family Foster Home,
 - Licensed Crisis House,
 - Licensed Emergency Shelter,
 - Out-of-Home Crisis Stabilization House/Unit/Bed.
- Respite Services provided by or in an institution for mental disease (IMD) are non-covered.
- The participant must be present when providing Short Term Respite Care.
- The cost of transportation is included in the rate paid to providers of these services.

Clinical Indications

Eligibility Criteria:

- Member must be currently eligible for the Kansas Serious Emotional Disturbance (SED) Waiver.

State of Kansas Definition of Medical Necessity:

- Medical Necessity means that a clinical intervention for an otherwise covered category of service, is not specifically excluded from coverage, and is medically necessary, according to all of the following criteria:
 - Authority
 - Purpose
 - Scope
 - Evidence
 - Value

<https://providers.amerigroup.com/KS>

Additional Service Criteria:

- Services provided to children and youth must include communication and coordination with the family and/or legal guardian. Coordination with other child serving systems should occur as needed to achieve the treatment goals. All coordination must be documented in the youth’s medical record.
- Receive ongoing and regular clinical supervision by a person meeting the qualifications of a Qualified Mental Health Professional (QMHP) or designated LMHP with experience regarding this specialized mental health service, and such shall be available at all times to provide back up, support, and/or consultation.

Coding

- S5150

Discussion/General Information

Allowed Modes(s) of Delivery:

- Individual
- On-site
- Off-site

Limitations/Exclusions:

- Service requires prior authorization
- Short Term Respite Care may not be provided simultaneously with Professional Resource Family Care services.
- Short Term Respite Care is not available to participants in foster care because that service is available through child welfare contractors.
- Short Term Respite Care will not duplicate any other Medicaid State Plan service or other services otherwise available to recipient at no cost.

Provider qualifications:

- Have a high school diploma or equivalent.
- Must be 21 years of age.
- Completion of respite training according to the curriculum approved by the appropriate state agency prior to providing the service.
- Pass KBI, state child abuse check, adult abuse registry and motor vehicle screens.
- Certification in: First Aid, CPR, Crisis Prevention / Management (example: Crisis Prevention Institute (CPI), Mandt, etc.)

Definitions

Not Applicable

References

Approved 2017 Application for 1915(c) Home and Community-Based Services Waiver-SED Waiver, pg. 47-48.

Websites for Additional Information

1. [http://www.kdads.ks.gov/commissions/home-community-based-services-\(hcbs\)/program-list/sed-waiver](http://www.kdads.ks.gov/commissions/home-community-based-services-(hcbs)/program-list/sed-waiver)

History		
Status	Date	Action
Revised	5/24/2018	MOC Approval

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