



## Kansas Medicaid UM Guideline

**Subject:** Parent Support and Training – Serious Emotional Disturbance Waiver  
**Current Effective Date:** 01/26/2017  
**Status: Active** **Last Review Date:** 2/3/18

### Description

Parent Support and Training is designed to provide families of children who have been identified to have a Serious Emotional Disturbance and in need of or at risk of more intensive level of care such as a state psychiatric hospitalization, psychiatric residential treatment facility treatment (PRTF), or brief hospitalization of crisis services the training and support necessary to ensure engagement and active participation of the family the treatment planning process and with the ongoing implementation and reinforcement of skills learned throughout the treatment process. This service provides the training and support necessary to ensure engagement and active participation of the family in the treatment planning process and with the ongoing implementation and reinforcement of skills learned throughout the treatment process. Training is provided to family members to increase their ability to provide a safe and supportive environment in the home and community for the participant. For the purposes of this service, “family” is defined as the persons who live with or provide care to a person served on the waiver, and may include a parent, spouse, children, relatives, grandparents, or foster parents. Services may be provided individually or in a group setting. Services must be recommended by a treatment team, are subject to prior approval, and are intended to achieve the goals or objectives identified in the child’s individualized plan of care.

### Components:

- Support, coaching and training provided to family members to increase their ability to provide a safe and supportive environment in the home and community for the member.
- This involves helping the families identify and use healthy coping strategies to decrease caregiver strain, improve relationships with family, peers and community members and increase social supports;
- Assist the family in the acquisition of knowledge and skills necessary to understand and address the specific needs of the participant in relation to their mental illness and treatment;
- Development and enhancement of the families specific problem-solving skills, coping mechanisms, and strategies for the participant’s symptom/behavior management;
- Assist the family in understanding various requirements of the waiver process, such as the crisis plan and plan of care process;
- Educational information and understanding on the participant’s medications or diagnoses; interpreting choice offered by service providers; and assisting with understanding policies, procedures and regulations that impact the participant with mental illness while living in the community.

### Clinical Indications

#### Eligibility Criteria:

- Member must be currently eligible for the Kansas Serious Emotional Disturbance (SED) Waiver.

<https://providers.amerigroup.com/KS>

**State of Kansas Definition of Medical Necessity:**

- Medical Necessity means that a clinical intervention for an otherwise covered category of service, is not specifically excluded from coverage, and is medically necessary, according to all of the following criteria:
  - Authority
  - Purpose
  - Scope
  - Evidence
  - Value

**Additional Service Criteria:**

- Services provided to children and youth must include communication and coordination with the family and/or legal guardian. Coordination with other child serving systems should occur as needed to achieve the treatment goals. All coordination must be documented in the youth’s medical record.
- Receive ongoing and regular clinical supervision by a person meeting the qualifications of a Qualified Mental Health Professional (QMHP) or MCO designated Licensed Mental Health Professional (LMHP) with experience regarding this specialized mental health service, and such shall be available at all times to provide back up, support, and/or consultation.

**Coding**

- S5110 — Parent Support and Training – Individual
- S5110 TJ — Parent Support and Training – Group

**Discussion/General Information**

**Allowed Modes(s) of Delivery:**

- Family
- Group
- On-site
- Off-site

**Limitations/Exclusions:**

- Service requires prior authorization
- Parent Support and Training will not duplicate any other Medicaid State Plan service or other services otherwise available to recipient at no cost.
- Operationally, individuals receiving Parent Support Training do not simultaneously receive Professional Resource Family Care.

**Specify applicable (if any) limits on the amount, frequency, or duration of this service:**

- There are no limits on Parent Support and Training.

**Provider qualifications:**

- Have a high school diploma or equivalent.
- Must be 21 years of age.
- Preference is given to parents or caregivers of children with SED.
- Completion of Parent Support Training according to a curriculum approved by the Operating Agency within one year of hire.

Pass a Kansas Bureau of Investigation background check, the Department of Children and Families child and adult abuse registry checks, and motor vehicle screens..

- Peer to Peer provider must be associated with the CMHC.

Verification of Provider Qualifications

- Entity Responsible for Verification:
  - Kansas Department of Health and Environment (KDHE), through the state fiscal agent; and KanCare MCOs.
- Frequency of Verification:
  - Annually

**Definitions**

Not Applicable

**References**

Approved 2017 Application for 1915(c) Home and Community-Based Services Waiver-SED Waiver, pg. 49-51.

**Websites for Additional Information**

[http://www.kdads.ks.gov/commissions/home-community-based-services-\(hcbs\)/program-list/sed-waiver](http://www.kdads.ks.gov/commissions/home-community-based-services-(hcbs)/program-list/sed-waiver)

**History**

Status	Date	Action
Revised	5/24/2018	MOC Approved

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