



Kansas Medicaid UM Guideline

Subject: Independent Living / Skill Building – Serious Emotional Disturbance Waiver

Current Effective Date: 01/26/2017

Status: Active

Last Review Date: 2/23/18

Description

Independent Living/Skills Building services are designed to assist participants who are or will be transitioning to adulthood with support in acquiring, retaining, and improving self-help, socialization, and adaptive skills necessary to be successful in the domains of employment, housing, education, and community life and to reside successfully in home and community settings.

Components:

1. Independent Living/Skills Building activities are provided in partnership with participants to help the participant arrange for the services they need to become employed, find transportation and housing, and continue their education.
2. Services are individualized according to each participant's strengths, interests, skills, and goals as specified in the Plan of Care.
3. It would be expected that Independent Living/ Skills Building activities take place in the community.
4. This service can be utilized to train and cue normal activities of daily living and instrumental activities of daily living.
5. Housekeeping, homemaking (shopping, child care, and laundry services), or basic services solely for the convenience of a participant receiving independent living / skills building are non-covered.
6. The following are examples of appropriate community settings rather than an all-inclusive list:
 - A grocery store to teach the participant how to shop for food,
 - a clothing store to teach the participant what type of clothing is appropriate for job interviews,
 - an unemployment office to assist in seeking jobs or assist the participant in completing applications for jobs,
 - apartment complexes to seek out housing opportunities, and
 - Laundromats to teach the participant how to wash clothing.
7. Other appropriate activities can be provided in any other community setting as identified through the Plan of Care process.
8. Transportation is provided between the participant's place of residence and other services sites or places in the community and the cost of transportation is included in the rate paid to providers of this service.

Clinical Indications

Eligibility Criteria:

- Member must be currently eligible for the Kansas Serious Emotional Disturbance (SED) Waiver.

State of Kansas Definition of Medical Necessity:

<https://providers.amerigroup.com/KS>

- Medical Necessity means that a clinical intervention for an otherwise covered category of service, is not specifically excluded from coverage, and is medically necessary, according to all of the following criteria:
 - Authority
 - Purpose
 - Scope
 - Evidence
 - Value

Additional Service Criteria:

1. Services provided to children and youth must include communication and coordination with the family and/or legal guardian. Coordination with other child serving systems should occur as needed to achieve the treatment goals. All coordination must be documented in the youth’s medical record.
2. Receive ongoing and regular clinical supervision by a person meeting the qualifications of a Qualified Mental Health Professional (QMHP) or designated Licensed Mental Health Professional (LMHP) with experience regarding this specialized mental health service, and such shall be available at all times to provide back up, support, and/or consultation.

Coding

- T2038

Discussion/General Information

Allowed Modes(s) of Delivery:

- Individual
- On-site
- Off-site

Limitations/Exclusions:

- Service requires prior authorization.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

- There are no limits on Independent Living/Skills Building.
- Independent Living/Skills Building does not duplicate any other Medicaid state plan service or service otherwise available to participants at no cost.

Provider qualifications:

- Have a high school diploma or equivalent.
- Must be 21 years of age.
- Pass Kansas Bureau of Investigation (KBI), the Department of Children and Family Services child and adult abuse registry checks, and motor vehicle screens.
- The motor vehicle screen can be waived for positions which DO NOT require driving as a function of the position.
- Completion of Independent Living/Skills Building training according to a curriculum approved by the Operating Agency prior to providing the service.
- Receive ongoing supervision by a person meeting the qualifications of a qualified mental health professional.

- A qualified mental health professional shall be available at all times to provide back up, support, and/or consultation.

Entity Responsible for Verification:

- Kansas Department of Health and Environment (KDHE), through the state fiscal agent; and KanCare MCOs.

Frequency of Verification:

- Annually

Definitions

Not Applicable

References

Approved 2017 Application for 1915(c) Home and Community-Based Services Waiver-SED Waiver, pg. 45-47.

Websites for Additional Information
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[http://www.kdads.ks.gov/commissions/home-community-based-services-\(hcbs\)/program-list/sed-waiver](http://www.kdads.ks.gov/commissions/home-community-based-services-(hcbs)/program-list/sed-waiver)

History

Status	Date	Action
Revised	5/24/2018	MOC Approval

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