

HEDIS®: Diabetes, hypertension and body mass index

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CDC — Comprehensive diabetes care

Members ages 18-75 with type 1 and type 2 diabetes who received proper testing and care for diabetes during the measurement year

Documentation must include:

- Hemoglobin A1c**
- Blood pressure**
- Nephropathy: urine tests, angiotensin converting enzyme (ACE)/angiotensin receptor blockers (ARB) prescription or visits to nephrologists
- Retinal eye exam (during the measurement year or year prior)

**Date and result of last screening in the measurement year

Common chart deficiencies:

- Incomplete information from consultants in the PCP charts
- Incomplete information related to yearly lab testing and results

CBP — Controlling high blood pressure

Members ages 18-85 with diagnosis of hypertension prior to June 30 of the measurement year

Documentation must include:

- Date of hypertension diagnosis on or before June 30 of the measurement year
- Last blood pressure reading (date and result) in the measurement year

Diagnosis can be from progress note, problem list, consult note, hospital admission or discharge

Common chart deficiencies:

- Rechecked elevated pressures during the same visit not documented
- Diagnosis date of hypertension not clearly documented

ABA — Adult body mass index assessment

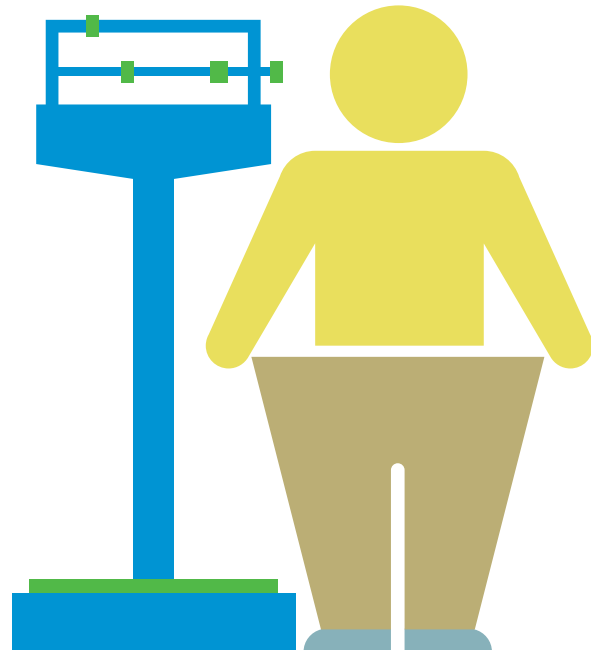
Members ages 18-74 who had an outpatient visit with body mass index (BMI) documented during the measurement year or the year prior

Documentation must include:

- BMI — date and value
- Weight — date and value
- Height, weight and BMI percentile must be recorded for members who are ages 18-19 on the date of visit

Common chart deficiencies:

- Height and/or weight are documented, but there is no calculation of the BMI
- Ranges and thresholds are not acceptable for this measure — a distinct BMI value or percentile is required



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