**HEDIS® Adult Wellness measures**

**CDC — Comprehensive Diabetes Care**

Individuals ages 18-75 with type 1 or type 2 diabetes who received proper testing and care for diabetes during the measurement year

**Documentation must include the following:**
- Annual hemoglobin A1c* test
- Blood pressure*
- Medical Attention for Nephropathy: urine tests for albumin or protein, ACE/ARB prescription or visits to nephrologists
- Dilated retinal exam (DRE) (during the measurement year or year prior)

*Date and result of last screening in the measurement year

**Common chart deficiencies:**
- Incomplete information from consultants in the PCP charts
- Incomplete information related to yearly lab testing and results

**CPB — Controlling High Blood Pressure**

Individuals ages 18-85 with a hypertension diagnosis prior to June 30 of the measurement year

**Documentation must include the following:**
- Hypertension diagnosis date on or before June 30 of the measurement year
- Last blood pressure reading (date and result) during the measurement year

**Common chart deficiencies:**
- Rechecked elevated pressures during the same visit not documented
- Hypertension diagnosis date not clearly documented

**ABA — Adult BMI Assessment**

Individuals ages 18-74 who had an outpatient visit with body mass index (BMI) documented during the measurement year or the year prior

**Documentation must include the following:**
- BMI — date and value
- Weight — date and value
- Height, weight and BMI — percentile for individuals ages 18-19 on the date of visit

**Common chart deficiencies:**
- Height and/or weight are documented but the BMI is not calculated.
- A distinct BMI value or percentile is required — ranges and thresholds are not acceptable for this measure.

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