

# HEDIS® Adult Wellness measures

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## CDC — Comprehensive Diabetes Care

Individuals ages 18-75 with type 1 or type 2 diabetes who received proper testing and care for diabetes during the measurement year

### Documentation must include the following:

- Annual hemoglobin A1c\* test
- Blood pressure\*
- Medical Attention for Nephropathy: urine tests for albumin or protein, ACE/ARB prescription or visits to nephrologists
- Dilated retinal exam (DRE) (during the measurement year or year prior)

\*Date and result of last screening in the measurement year

### Common chart deficiencies:

- Incomplete information from consultants in the PCP charts
- Incomplete information related to yearly lab testing and results



## CPB — Controlling High Blood Pressure

Individuals ages 18-85 with a hypertension diagnosis prior to June 30 of the measurement year

### Documentation must include the following:

- Hypertension diagnosis date on or before June 30 of the measurement year
- Last blood pressure reading (date and result) during the measurement year

### Common chart deficiencies:

- Rechecked elevated pressures during the same visit not documented
- Hypertension diagnosis date not clearly documented



## ABA — Adult BMI Assessment

Individuals ages 18-74 who had an outpatient visit with body mass index (BMI) documented during the measurement year or the year prior

### Documentation must include the following:

- BMI — date and value
- Weight — date and value
- Height, weight and BMI — percentile for individuals ages 18-19 on the date of visit

### Common chart deficiencies:

- Height and/or weight are documented but the BMI is not calculated.
- A distinct BMI value or percentile is required — ranges and thresholds are not acceptable for this measure.

