

# HEDIS®\* Behavioral Health Measures — Adult

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## Follow-Up After Hospitalization for Mental Illness (FUH)

Patients who were hospitalized on a psychiatric unit must be seen by a psychiatric specialist within seven days after discharge. Outpatient providers can help members remain stable in the community.

- A psychiatric specialist is defined as a licensed mental health counselor, licensed clinical social worker, licensed marriage and family therapist, advanced practice registered nurse, psychologist, or psychiatrist.

## Antidepressant Medication Management (AMM)

Patients prescribed antidepressants should be carefully and systematically monitored on a regular basis to assess their response to the medication, identify and monitor side effects, and assess patient safety.

- Patients must be given education about depression and prescribed medications. Please document all behavioral health education in the patient's medical record.

## Initiation and Engagement of Alcohol and Other Drug Dependence Treatment (IET)

Patients who have been newly diagnosed with a substance use disorder are recommended to be seen within 14 days for a follow-up visit. Following this, at least two additional visits are recommended within 30 days of the initial visit. All visits must be documented with a substance use diagnosis.

- All patients attending mental health treatment should be screened for substance use at intake.

## Diabetes Screening for People with Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications (SSD)

Patients diagnosed with schizophrenia or bipolar disorder and prescribed an antipsychotic are at a higher risk of developing diabetes.

- Administer a glucose test or an HbA1c test at least once a year to screen for diabetes.
- If screening indicates the member is diabetic, the member should be monitored for diabetes.

## Diabetes Monitoring for People with Diabetes and Schizophrenia (SMD)

Based on best practice protocols for patients being monitored for diabetes, patients should receive:

- An HbA1c test at least once a year.
- An LDL-C test at least once a year.

## Cardiovascular Monitoring for People with Cardiovascular Disease and Schizophrenia (SMC)

Patients diagnosed with schizophrenia and prescribed an antipsychotic are at a higher risk for developing cardiovascular disease.

- Administer an LDL-C test at least once a year to screen for cardiovascular disease.

## Adherence to Antipsychotic Medications for Individuals with Schizophrenia (SAA)

Patients diagnosed with schizophrenia and prescribed antipsychotic medication are to be supported on a regular basis so that they remain at least 80 percent adherent with medication during the treatment period.

# HEDIS Behavioral Health Measures — Child and Adolescent



## Follow-Up Care for Children Prescribed ADHD Medication (ADD)

Patients 6-12 years old diagnosed with ADHD and prescribed medication should have at least four follow-up visits within a 10-month period. One visit must be within 30 days of the initial prescription.

- The patient and his or her parent or guardian must receive education about ADHD and the prescribed medication. Please document all behavioral health education provided in the patient's medical record.



## Use of Multiple Concurrent Antipsychotics in Children and Adolescents (APC)

Children and adolescents who are on two or more concurrent antipsychotic medications for at least 90 consecutive days during the measurement year should be treated and monitored closely by a psychiatric physician.

## Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM)

Children and adolescents who received a prescription for any antipsychotic medication on two separate occasions during the measurement year should be referred for metabolic testing, including:

- At least one test for blood glucose.
- At least one test for LDL-C.

## Use of First Line Psychosocial Care for Children and Adolescents on Antipsychotics (APP)

Children and adolescents who had a new prescription for an antipsychotic medication during the measurement year are recommended to have documentation of psychosocial care provided as the first line treatment.