

## Zika virus FAQ and resources

**Background:** This document contains FAQ, links and resources directing providers to information concerning the Zika virus.

### Centers for Disease Control and Prevention (CDC):

- Guidance for providers: Visit <http://www.cdc.gov/zika/hc-providers/index.html>.
- Travel health notices: Visit <http://www.cdc.gov/travel/page/avoid-bug-bites>.
- *Zika Pregnancy Registry*: To contact, call 770-488-7100 and email [ZikaMCH@cdc.gov](mailto:ZikaMCH@cdc.gov) or [ZikaPregnancy@cdc.gov](mailto:ZikaPregnancy@cdc.gov).

### CDC resources/FAQ:

- *What is Zika Virus?* (About Zika virus disease): <http://www.cdc.gov/zika/about/index.html>
- **Zika and Guillain-Barre Syndrome (GBS) includes:**
  - Symptoms of GBS.
  - Causes of GBS.
  - Additional resources: <http://www.cdc.gov/zika/about/gbs-ga.html>.
- **Prevention includes:**
  - Details discovered about the Zika virus.
  - Steps to prevent mosquito bites.
  - Cautions against spreading the disease if you have Zika.
  - Experiences living in or traveling to an area with Zika.
  - Concerns of getting Zika from a sex partner.
  - Information for travelers.
  - Additional resources: <http://www.cdc.gov/zika/prevention/index.html>.
- **Transmission and risks include:**
  - Transmission through mosquito bites.
  - Transmission from mother to child.
  - Transmission through sexual contact.
  - Transmission through blood transfusion.
  - Transmission through laboratory exposure.
  - Exposure to other risks.
  - Additional resources: <http://www.cdc.gov/zika/transmission/index.html>.
- **Symptoms, diagnosis and treatment:** <http://www.cdc.gov/zika/symptoms/index.html>
- **Areas with Zika include:**
  - Locations with active mosquito-borne transmission of Zika virus:  
<http://www.cdc.gov/zika/geo/index.html>.
- **Zika virus disease in the United States in 2015-2016:**  
<http://www.cdc.gov/zika/geo/united-states.html>.
- **Information on pregnant women includes:**
  - Zika and pregnancy.
  - Protection from the virus.
  - Travel information.
  - Microcephaly.
  - U.S. *Zika Pregnancy Registry*: <http://www.cdc.gov/zika/pregnancy/index.html>.

The information in this update may be an update or change to your provider manual. Find the most current manual at:

<https://providers.amerigroup.com>

- **Health care provider information includes:**
  - Clinical guidance.
  - Clinical evaluation and disease.
  - Diagnostic testing.
  - U.S. *Zika Pregnancy Registry*.
  - Tools for health care providers.
  - HIV infection and the Zika virus.
  - Pregnant women and women of reproductive age.
  - Infants and the Zika virus infection.
  - Sexual transmission of the Zika virus.
  - Additional information: <http://www.cdc.gov/zika/hc-providers/index.html>.

**Zika pregnancy registry information is found at** <http://www.cdc.gov/zika/hc-providers/registry.html>.

Obstetric health care providers can:

- Report information about pregnant women with laboratory evidence of the Zika virus to their District, tribal, local or territorial health department.
- Collect pertinent clinical information about pregnant woman and their infants from the *Pregnancy and Zika Virus Disease Surveillance* forms.
- Provide the information to state, tribal, local or territorial health departments or directly to CDC registry staff if asked to do so by local health officials.
- Notify District, tribal, local or territorial health department staff or CDC registry staff of adverse events (e.g., spontaneous abortion or termination of pregnancy).

If you have questions about the *Zika Pregnancy Registry*, email [ZikaMCH@cdc.gov](mailto:ZikaMCH@cdc.gov) or call 770-488-7100 and ask for the Zika Pregnancy Hotline.

**Additional resources:**

- National Institutes of Health: <http://www.niaid.nih.gov/topics/Zika/Pages/default.aspx>
- World Health Organization
- Zika (World Health Organization) app: source of real-time and easy-to-use information on the disease/its complications — designed primarily for health care providers and responders (iOS or Android devices)
- *Zika Virus Fact Sheet*: <http://www.who.int/mediacentre/factsheets/zika/en> and <http://www.who.int/mediacentre/factsheets/zika/en>
- CDC recommendations for pregnant women: <https://www.cdc.gov/zika/pregnancy/protect-yourself.html>
- LiveHealth Online® Zika health tips: <https://www.livehealthonline.com/en/health-tips/categories/fact-or-fiction/5-things-you-need-to-know-about-zika-virus>

**Current publications regarding Zika:**

- Practice Advisory: *Updated Interim Guidance for Care of Women of Reproductive Age During a Zika Virus Outbreak*, <https://www.acog.org>, SMFM/ACOG.
- *Zika Virus and Birth Defects — Reviewing the Evidence for Causality*: CDC special report, April 13, 2016, <http://www.nejm.org>.
- *Zika Virus*. Petersen, LR. *N England Journal of Medicine* 2016; 374:1552-63.