

## **Mental Health Outpatient Treatment Report Form**

Please submit this form electronically using our preferred method at <https://www.availity.com>. This can also be submitted via fax to **1-800-505-1193**.

| <b>Identifying data</b>  |   |            |  |     |
|--|---|------------|--|-----|
| Patient name   |   |            |  |     |
| Member ID  |   | DOB        |  |     |
| Address  |   |            |  |     |
| City, state  |   | ZIP code   |  |     |
| <b>Provider information</b>  |   |            |  |     |
| Provider name  |   |            |  |     |
| Tax ID   |   | Phone      |  | Fax |
| PCP name   |   | PCP NPI    |  |     |
| Names of other behavioral health providers   |   |            |  |     |
| <b>ICD-10 diagnoses (behavioral and physical health)</b>   |   |            |  |     |
|  |   |            |  |     |
|  |   |            |  |     |
| <b>Medications</b>   |   |            |  |     |
| Current medications (indicate changes since last report):  | Dosage:   | Frequency: |  |     |
|  |   |            |  |     |
|  |   |            |  |     |
|  |   |            |  |     |
|  |   |            |  |     |
| <b>Current risk factors</b>  |   |            |  |     |
| Suicide:   |   |            |  |     |
| <input type="checkbox"/> None <input type="checkbox"/> Ideation <input type="checkbox"/> Intent without means <input type="checkbox"/> Intent with means<br><input type="checkbox"/> Contracted not to harm self   |   |            |  |     |
| Homicide:  |   |            |  |     |
| <input type="checkbox"/> None <input type="checkbox"/> Ideation <input type="checkbox"/> Intent without means <input type="checkbox"/> Intent with means<br><input type="checkbox"/> Contracted not to harm others |   |            |  |     |
| Physical or sexual abuse or child/elder neglect: <input type="checkbox"/> Yes <input type="checkbox"/> No  |   |            |  |     |
| If yes, patient is   | <input type="checkbox"/> Victim <input type="checkbox"/> Perpetrator <input type="checkbox"/> Both <input type="checkbox"/> Neither, but abuse exists in family |            |  |     |
| Abuse or neglect involves a child or elder   | <input type="checkbox"/> Yes <input type="checkbox"/> No  |            |  |     |
| Abuse has been legally reported  | <input type="checkbox"/> Yes <input type="checkbox"/> No  |            |  |     |
|  |   |            |  |     |

|  |
|--|
| <b>Progress since last review</b>                          |
|  |
| <b>Functional impairments or supports</b>                  |
| Family/interpersonal relationships:                        |
|  |
| <b>Job/school</b>  |
|  |
| <b>Housing</b>   |
|  |
| <b>Co-occurring medical/physical illness</b>               |
|  |
| <b>Family history of mental illness or substance abuse</b> |
|  |

**Patient's treatment history, including all levels of care**

| Level of care              | Number of distinct episodes/sessions | Number of distinct episodes/sessions | Level of care             | Number of distinct episodes/sessions | Number of distinct episodes/sessions |
|----------------------------|--------------------------------------|--------------------------------------|---------------------------|--------------------------------------|--------------------------------------|
| Outpatient psych           |                                      |                                      | Inpatient psych           |                                      |                                      |
| Outpatient substance abuse |                                      |                                      | Inpatient substance abuse |                                      |                                      |
| IOP                        |                                      |                                      | RTC psych                 |                                      |                                      |
| PHP                        |                                      |                                      | RTC substance abuse       |                                      |                                      |

| <b>Treatment goals for each type of service (Specify with expected dates to achieve them.)</b> |
|--|
| 1.<br>2.<br>3.<br>4.<br>5.   |
| <b>Objective outcome criteria by which goal achievement is measured</b>                        |
| 1.<br>2.<br>3.<br>4.<br>5.   |
| <b>Discharge plan and estimated discharge date</b>   |
| 1.<br>2.<br>3.<br>4.<br>5.   |

**Expected outcome and prognosis**

- Return to normal functioning
- Expect improvement, anticipate less than normal functioning
- Relieve acute symptoms, return to baseline functioning
- Maintain current status, prevent deterioration

| <b>Requested service authorization</b> |                  |            |                       |  |
|--|------------------|------------|-----------------------|--|
| Procedure code:                        | Number of units: | Frequency: | Requested start date: | Estimated number of units to complete treatment: |
| Procedure code:                        | Number of units: | Frequency: | Requested start date: | Estimated number of units to complete treatment: |
| Procedure code:                        | Number of units: | Frequency: | Requested start date: | Estimated number of units to complete treatment: |

**Note:** Psychological/neuropsychological testing requests require a separate form.

| <b>Treatment plan coordination</b>  |
|---|
| I have requested permission from the patient/patient's parent or guardian to release information to the PCP.<br><br><input type="checkbox"/> Yes <input type="checkbox"/> No    If not, give rationale: |
| Treatment plan was discussed with and agreed upon by the patient/patient's parent or guardian.  |

Yes  No If not, give rationale:

Provider signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Protected Health Information (PHI)**

These documents contain PHI. Federal and state laws prohibit inappropriate use of PHI. If you are not the intended recipient or the person responsible for delivering these documents, you must properly dispose of them. If you need instructions, please call us at 1-866-805-4589.

Providers: You are required to return, destroy or further protect any PHI you receive pertaining to patients that you are not currently treating. You are required to immediately destroy any such PHI, or safeguard the PHI for as long as it is retained. In no event are you permitted to use or re-disclose such PHI.

By checking this box, I hereby certify that the protected health information (PHI) contained in the correspondence received in error has been destroyed and has not otherwise been retained, utilized, or further disclosed. In the event the PHI must be retained it will further be protected until the time it can be destroyed.