Kansas Guidelines
Psychosocial Rehabilitation Individual/Group

**Definition**

Psychosocial Rehabilitation (PR) services are designed to assist participants with compensating for or eliminating functional deficits and interpersonal and/or environmental barriers associated with their mental illness. Activities included must be intended to achieve the identified goals or objectives as set forth in the participant’s individualized treatment plan. The intent of PR is to restore the fullest possible integration of the participant as an active and productive member of his or her family, community and/or culture with the least amount of ongoing professional intervention. PR is a face-to-face intervention with the participant present. Services may be provided individually or in a group setting. The majority of PR contacts must occur in community locations where the person lives, works, attends school and/or socializes.

**Components**

1. Restoration, rehabilitation and support with the development of social and interpersonal skills to increase community tenure, enhance personal relationships, establish support networks, increase community awareness and develop coping strategies and effective functioning in the participant’s social environment, including home, work and school.
2. Restoration, rehabilitation and support with the development of daily living skills to improve self-management of the negative effects of psychiatric or emotional symptoms that interfere with a person’s daily living. Supporting the participant with the development and implementation of daily living skills and daily routines critical to remaining in home, school, work and community.
3. Implementing learned skills so the participant can remain in a natural community location
4. Assisting the member with effectively responding to or avoiding identified precursors or triggers that result in functional impairments

**Provider Qualifications**

- Be at least 18 years old with a high school diploma or equivalent. Additionally, the provider must be at least three years older than a member under the age of 18.
- Be certified in the state of Kansas to provide the service, which includes criminal, abuse/neglect registry and professional background checks, and completion of a state-approved standardized basic training program

**Eligibility Criteria**

- Meets functional assessment criteria for the target population
- Meets medical necessity criteria for rehabilitation services

**Limitations/Exclusions**

Ratio:
- One Full-time Equivalent (FTE) to eight participants is the maximum group size for adults
- One FTE to four participants is the maximum group size for youth

**Allowed Modes(s) of Delivery**

- Individual
- Group

All member care and related decisions are the sole responsibility of the provider. This information does not dictate nor control your clinical decisions regarding the appropriate care of members. Guidelines are subject to state regulations, benefits and formularies.
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- Onsite
- Offsite

### Additional Service Criteria

1. Services provided to children and youth must include communication and coordination with the family and/or legal guardian. Coordination with other child-serving systems should occur as needed to achieve the treatment goals. All coordination must be documented in the youth’s medical record.

2. The PR provider must receive regularly scheduled clinical supervision from a person meeting the qualifications of a Qualified Mental Health Professional or Licensed Mental Health Professional with experience regarding this specialized mental health service.

To bill Psychosocial Rehabilitation, submit the following procedure codes:
- H2017 – Individual
- H2017 HQ – Adult Group
- H2017 TJ – Child Group