

## KMAP GENERAL BULLETIN 17267

## Screening, Brief Intervention, and Referral for Treatment

Screening, Brief Intervention, and Referral for Treatment (SBIRT) is an evidence-based approach for identifying patients who use alcohol and other substances at increased levels of risk, with the goal of reducing and preventing related health consequences, diseases, accidents, and injuries. SBIRT is designed to identify an individual who has an alcohol and/or substance use disorder or is at risk for developing one by evaluating responses to questions about alcohol and/or other substance use.

- Practitioners providing SBIRT services to Medicaid-eligible patients in Kansas must:
  - Meet the Kansas Department for Aging and Disability Services (KDADS) requirements including being currently licensed in good standing as an approved professional type
  - Complete and pass an approved SBIRT training
- **Individual practitioners** shall submit documentation of training completion and current professional licensure at the time of enrollment, recredentialing, or revalidation to the following:
  - Prior to July 1, 2018, the applicable KanCare managed care organization (MCO) or Kansas Medical Assistance Program (KMAP) for fee-for-service based on the type of patients that the provider intends to serve.\*
  - On and after July 1, 2018, KMAP for both managed care and KMAP fee-for-service patients.
- **Facilities** shall maintain documentation of training completion and professional licensure for each practitioner performing SBIRT services in the facility. The policy requires the facility to attest at enrollment, recredentialing, or revalidation that the facility will only bill for SBIRT services if the employee performing the service has met the training and certification requirements.
- Services to patients must be provided in an approved service location.
- The SBIRT practitioner will conduct a brief screen using an approved brief screening tool appropriate for the patient's age and reason for screening.

**KMAP**[Kansas Medical Assistance Program](#)

- [Bulletins](#)
- [Manuals](#)
- [Forms](#)

## Customer Service

- 1-800-933-6593
- 7:30 a.m. - 5:30 p.m.  
Monday - Friday

DXC Technology is the fiscal agent of KMAP.

## Screening, Brief Intervention, and Referral for Treatment

- A positive brief screen results in a full screen using one of the approved, evidence-based screening tools appropriate for the patient's age and reason for screening. Reimbursement for full screens are limited to one per person per year.
- A positive full screen results in either:
  - A brief intervention for individuals with an alcohol and/or substance use disorder or who are at risk of developing one.
  - A referral to a substance use disorder treatment program for individuals with severe alcohol and/or other substance abuse and dependence.
- An intervention:
  - Involves a brief one-on-one session in which concerns about an individual's alcohol and/or other substance use are expressed and advice to cut down or moderate an individual's behavior is given.
  - Includes feedback on alcohol and/or other substance use patterns.
  - Focuses on increasing motivation for behavioral change to reduce harmful levels of alcohol/and or other substances.
  - Includes strategies such as education, simple advice, brief counseling, continued monitoring, or referral to a substance use disorder treatment specialist.
- More information on SBIRT can be found on the [SBIRT](#) page of the SAMHSA website or the [Policies and Regulations](#) page of the KDADS website.

\*When applicable, the certificates can be sent to the MCOs as indicated below:

- **Amerigroup Kansas, Inc:** Email to the Credentialing Department at [KS1Credentialing@Amerigroup.com](mailto:KS1Credentialing@Amerigroup.com).
- **Sunflower Health Plan:** Email to the Provider Relations Department at [providerrelationsKS@cenpatico.com](mailto:providerrelationsKS@cenpatico.com).
- **UnitedHealthcare Community Plan:** Fax to Service Authorization at 1-855-268-9392.

The appropriate updates will be made in the KMAP provider manuals and additional notification will be sent.

**Note:** The effective date of the policy is December 1, 2017. The implementation of State policy by the KanCare managed care organizations (MCOs) may vary from the date noted in the Kansas Medical Assistance Program (KMAP) bulletins. The **KanCare Open Claims Resolution Log** on the KMAP [Bulletins](#) page documents the MCO system status for policy implementation and any associated reprocessing completion dates.

### KMAP

[Kansas Medical Assistance Program](#)

- [Bulletins](#)
- [Manuals](#)
- [Forms](#)

Customer Service

- 1-800-933-6593
- 7:30 a.m. - 5:30 p.m.  
Monday - Friday

DXC Technology is the fiscal agent of KMAP.