

Market Applicability/Effective Date														
Market	FL & FHK	FL MMA	FL LTC	GA	KS	KY	LA	MD	NJ	NV	NY	TN	TX	WA
Applicable	X	NA	NA	X	NA	X	X	X	X	X	X	NA	NA	X

*FHK- Florida Healthy Kids

Relenza (zanamivir)

Override(s)	Approval Duration
Quantity Limit	One fill

Medications	Quantity Limit
Relenza (zanamivir) 5mg diskhaler	1 package (20 each) per fill; 1 fill per 90 days

APPROVAL CRITERIA

Requests for additional quantity, up to a 32 day supply (4 packages) for chemoprophylaxis may be approved for the following (IDSA, 2009):

- I. Individuals less than 9 years of age who are newly vaccinated will require a minimum of 6 weeks of chemoprophylaxis, depending on the length of delay between administration of the two required vaccine doses (IDSA, A-I);

OR

- II. Individuals in an institutional setting (such as, long-term care facilities) who are either residents (regardless of vaccination status) or employees who are unable to receive influenza vaccine will require chemoprophylaxis for 14 days OR for 7 days after the onset of symptoms in the last person infected, whichever is longer (IDSA, A-I).

Note:

Chemoprophylaxis dosing as follows:

- I. Adults: Two 5 mg inhalations (10 mg total) once per day.
- II. Children (age greater than or equal to 5 years of age): Two 5 mg inhalations (10 mg total) once per day).

State Specific Mandates		
State name	Date effective	Mandate details (including specific bill if applicable)
N/A	N/A	N/A

This policy does not apply to health plans or member categories that do not have pharmacy benefits, nor does it apply to Medicare. Note that market specific restrictions or transition-of-care benefit limitations may apply.

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Key References:

Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.: 2016. URL: <http://www.clinicalpharmacology.com>. Updated periodically.

DailyMed. Package inserts. U.S. National Library of Medicine, National Institutes of Health website. <http://dailymed.nlm.nih.gov/dailymed/about.cfm>.

DrugPoints® System (electronic version). Truven Health Analytics, Greenwood Village, CO. Updated periodically.

Lexi-Comp ONLINE™ with AHFS™, Hudson, Ohio: Lexi-Comp, Inc.; 2016; Updated periodically.

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