

Market Applicability														
Market	DC	FL & FHK	FL MMA	FL LTC	GA	KS	KY	MD	NJ	NV	NY	TN	TX	WA
Applicable	X	X	NA	NA	X	NA	X	X	X	X	X	NA	NA	X

\*FHK- Florida Healthy Kids

## Non Preferred Beta Blocker Step Therapy

Override(s)	Approval Duration
Prior Authorization Quantity Limit	1 year

Medications	Comments	Quantity Limit
Acebutolol Atenolol Betaxolol Bisoprolol Labetolol Metoprolol tartrate Metoprolol succinate ER Nadolol Pindolol Propranolol Propranolol ER Timolol	Preferred	May be subject to quantity limits
Inderal XL (propranolol HCl) extended release 24 hour capsules Innopran XL (propranolol HCl) extended release 24 hour capsules Kaspargo (metoprolol succinate) extended release capsules Levatol (penbutolol sulfate) tablets Bystolic (nebivolol HCl) tablets All MSB beta-blockers	Non-Preferred	

### APPROVAL CRITERIA

Requests for a non-preferred beta blocker may be approved when the following criteria are met:

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This policy does not apply to health plans or member categories that do not have pharmacy benefits, nor does it apply to Medicare. Note that market specific restrictions or transition-of-care benefit limitations may apply.

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- I. Individual has had a trial (medication samples/coupons/discount cards are excluded from consideration as a trial) and inadequate response or intolerance to two preferred beta blockers;

Preferred agents: acebutolol, atenolol, betaxolol, bisoprolol, labetalol, metoprolol tartrate, metoprolol succinate ER, nadolol, pindolol, propranolol/ER, timolol

Non-preferred agents: Inderal XL, Innopran XL, Kaspargo, Levatol, Bystolic, all MSB beta-blockers

**OR**

- II. The preferred agents are not FDA-approved for the prescribed indication and the requested non-preferred agent is;

**OR**

- III. Individual is requesting Kaspargo and is unable to swallow oral tablets.

State Specific Mandates		
State name	Date effective	Mandate details (including specific bill if applicable)
N/A	N/A	N/A

**Key References:**

Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.: 2018. URL: <http://www.clinicalpharmacology.com>. Updated periodically.

DailyMed. Package inserts. U.S. National Library of Medicine, National Institutes of Health website. <http://dailymed.nlm.nih.gov/dailymed/about.cfm>.

DrugPoints® System (electronic version). Truven Health Analytics, Greenwood Village, CO. Updated periodically.

Lexi-Comp ONLINE™ with AHFS™, Hudson, Ohio: Lexi-Comp, Inc.; 2018; Updated periodically.

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