

Market Applicability														
Market	DC	FL & FHK	FL MMA	FL LTC	GA	KS	KY	MD	NJ	NV	NY	TN	TX	WA
Applicable	X	X	NA	NA	X	NA	X	X	X	X	X	NA	NA	X

*FHK- Florida Healthy Kids

Bonjesta, Diclegis (Doxylamine and Pyridoxine)

Override(s)	Approval Duration
Prior Authorization Quantity Limit	1 year

Medications	Quantity Limit
Bonjesta (doxylamine/pyridoxine, extended-release) Diclegis (doxylamine/pyridoxine, delayed-release)	May be subject to quantity limit

APPROVAL CRITERIA

Requests for doxylamine/pyridoxine agents (Bonjesta, Diclegis) may be approved for individuals who meet the following criteria:

- I. Individual is a female; **AND**
- II. Individual is 18 years of age or older; **AND**
- III. Individual has nausea and vomiting of pregnancy; **AND**
- IV. Individual has had a previous trial of and inadequate response to conservative management*; **AND**
- V. Individual has had a trial of immediate-release doxylamine and pyridoxine

***Note:** Examples of conservative management include rest, avoidance of provoking stimuli, frequent and small meals, avoiding spicy or fatty foods, multivitamins taken at time of conception (for prevention), conversion of prenatal vitamin to folic acid supplement only, and ginger (ACOG 2018).

This policy does not apply to health plans or member categories that do not have pharmacy benefits, nor does it apply to Medicare. Note that market specific restrictions or transition-of-care benefit limitations may apply.

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State Specific Mandates		
State name	Date effective	Mandate details (including specific bill if applicable)
N/A	N/A	N/A

Key References:

1. Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.: 2018.
URL: <http://www.clinicalpharmacology.com>. Updated periodically.
2. DailyMed. Package inserts. U.S. National Library of Medicine, National Institutes of Health website.
<http://dailymed.nlm.nih.gov/dailymed/about.cfm>. Accessed: September 27, 2018.
3. DrugPoints® System [electronic version]. Truven Health Analytics, Greenwood Village, CO. Updated periodically.
4. Lexi-Comp ONLINE™ with AHFS™, Hudson, Ohio: Lexi-Comp, Inc.; 2018; Updated periodically.
5. American College of Obstetricians and Gynecologists (ACOG) Practice Bulletin No. 189: Nausea and Vomiting of Pregnancy. Obstetrics and gynecology. 2018; 131(1): e15-e30. Available from https://journals.lww.com/greenjournal/Fulltext/2018/01000/ACOG_Practice_Bulletin_No_189_Nausea_And.39.aspx. Accessed September 27, 2018.

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